

PROJECTS

South Tyneside Older People's Project

[South Tyneside] 2009 onwards

Funded by the Adult and Community Learning Team at South Tyneside Council, we are developing a pilot programme of arts activities with vulnerable and frail older people in South Tyneside.

The core aims are to:

- encourage service users/residents to try new things;
- help combat depression, anxiety and a sense of worthlessness;
- undertake one-to-one rehabilitation work which can help manage people's transition back into independent living and provide ongoing access to cultural activities;
- involve families in the work of the day care centres.

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